



RECEPTION - TICKETS

- Base Natur'O reception
- Equipment desk and changing rooms

RECREATION

- Play area
- Image Museum
- Food & drink

NATUR'O VIVE
Whitewater stadium Course

NATUR'O CALME

NATUR'O VÉLO
Cycling centre
Cycle track

ACCESS

- Bus-stop
- Car park
- Marina
- Motor home site

HOW TO GET HERE

- TGV Paris : 2h15**
- Route 1**, Imageries and Port bus-stops (Route 5, République on Sundays)
- Vilvolt docking station** (app required)
- 10 mins. from Epinal town centre**

ne pas jeter sur la voie publique - impression socco-print - ©Agglomération d'Épinal



BASE NATUR'O

COMMUNAUTÉ
D'AGGLOMÉRATION
ÉPINAL

AVANTI
by AQUA DESIGN

WATER, NATURE AND RELAXATION

www.base-naturo.fr



PRACTICAL INFORMATION

RECEPTION & SHOP

Avenue de la République • Port d'Épinal
88000 ÉPINAL

BOOKINGS

- ☎ 03 29 37 87 71
- ✉ contact@base-naturo.fr
- 📍 At the following tourist offices
Épinal, Charmes, La Vôge-les-Bains &
Xertigny



base-naturo.fr

OPENING HOURS

NATUR'O VÉLO
Open all year

NATUR'O VIVE & NATUR'O CALME

JULY AND AUGUST
Open every day from 9:00 a.m. to 6:00 p.m.

APRIL > JUNE / SEPTEMBER > OCTOBER
Weekend, Wednesday afternoon, school holidays
& public holidays 9:00 a.m. to 12:30 p.m. / 1:30 p.m. to 6:00 p.m.

NOVEMBER > MARCH
CLOSED to the general public

CANOEING KAYAKING RAFTING SURFING



Do you love sports and enjoy thrills and spills? Then why not tame the rapids, whatever your ability level!

Whether a beginner or an expert, you'll be given the chance to develop your skills at one of the 2024 Paris Olympics preparation centres.

ACTIVITIES	STANDARD RATES <i>Non-residents of Épinal</i>
CANOEING, KAYAKING, RAFTING LEVEL 1 DÉCOUVERTE on whitewater 1 hr	€25 /adult €22 /child
CANOEING, KAYAKING, RAFTING LEVEL 2 INTERMÉDIAIRE on whitewater 1 hr	€27 /adult €24 /child
CANOEING, KAYAKING, RAFTING LEVEL 3 EXPERT on whitewater 1 hr	€29 /adult €26 /child
SURFING NIVEAU 3 EXPERT on whitewater 1 hr	€33 /adult €27 /child

Adult rate: 16 years and over / Children rate (Level 1 and 2): from 8 years old
Level 3: from 14 years old
Groups (Schools and Works Councils): contact@base-nature.fr

INFORMATION

Swimsuit, t-shirt and closed shoes are to be expected
- Arrive 45 minutes before the start of the activity - ALREADY HAVE A WETSUIT ?
Rates without rental available at base-nature.fr

Whether with your family or friends or simply on your own, enjoy a little relaxation aboard the craft of your choice!



CANOEING KAYAKING PADDLEBOARDING PEDALO

ACTIVITIES	STANDARD RATES
CANOEING, KAYAKING nature loop 2.30 hrs	€20 /person
CANOEING, KAYAKING, PADDLEBOARDING on flatwater 1 hr	€10 /person
PEDALO	2 seater : €15 /60 mins 5 seater : €20 /60 mins
ELECTRIC BOAT	4 seats : €20 /30 mins €30 /60 mins 6 seats : €25 /30 mins €35 /60 mins



MTB, ALL-ROAD, E-BIKES, TANDEMS, FAT BIKES, CHILD TRAILERS



ACTIVITIES	ADULT RATES	CHILD RATES
MTB/ALL-ROAD PUSH BIKE	€11/half day €16/day €65/5 days €80/6 days	€5/half day €8/day
MTB/ALL-ROAD E-BIKE*	€16/half day €22/day €85/5 days €105/6 days	/
TANDEM FAT BIKE	€16/half day €22/day	/
CHILD TRAILER	/	€5/half day €10/day



Lovers of nature and discovery?
Rent your ideal bike and go for an adventure !

📍 **ÉPINAL**
Avenue de la République
+33 3 29 37 87 71
Open : all year

📍 **LAC DE BOUZEY**
233 chemin des Plages
+33 3 29 32 39 92
Open : may to september

📍 **XERTIGNY**
14 rue de la Vallée de l'Aître
+33 3 56 32 13 29
Ouverture : July to august



HELMET RECOMMENDED
(HIRE FREE OF CHARGE)

* Photo ID and deposit cheque required